

# Orienteering ACT

## 2023 Australian Schools Orienteering Championships

Western Australian, 30 September - 8 October 2023

### ACT Team Selection Criteria and Information

An ACT team will be selected to compete in the 2023 Australian Schools Orienteering Championships ('ASOC'). This year's championships will be held in Western Australia as part of the 2023 Championship carnival, running from 30 September to 8 October.

All keen school-aged ACT Orienteers who are capably running moderate courses (junior category - see below) or hard courses (senior category - see below) are encouraged to nominate for selection and compete in the team trials.

### Australian Championships Program

Saturday 30 September	Australian Championships Middle	Northam
Sunday 1 October	Australian Championships Relay	Northam
Monday 2 October	Rest Day	
<i>Tuesday 3 October</i>	<i>Schools Championships Sprint</i>	<i>Perth</i>
<i>Wednesday 4 October</i>	<i>Schools Championships Long</i>	<i>Brookton</i>
<i>Thursday 5 October</i>	<i>Schools Championships Relay</i>	<i>Brookton</i>
Friday 6 October	Rest Day	
Saturday 7 October	Australian Championships Long	Toodyay
Sunday 8 October	Australian Championships Sprint	Perth

All team athletes will compete in all races.

Further information is available on the [carnival website](#) and in the event bulletins:

- [Australian Schools Championships Bulletin 2](#)
- [Australian Championships Bulletin 1](#)

Further information on specific ACT team arrangements will be provided by the ASOC team managers once the team has been selected.

## Team Composition

The team will comprise of up to 20 total athletes in following four classes – with a maximum of 6 athletes per class:

- Junior Girls, 15 years and under
- Senior Girls, 16 years and over
- Junior Boys 15 Years and under
- Senior Boys 16 years and over

Age is taken at 31 December 2023.

The selectors will aim to select at least four athletes who meet the minimum standard in each class. Additional athletes who meet the minimum standard may then also be selected. Additional athletes will initially be assigned one per class. That is: one additional junior girl, one additional junior boy etc. until there are a total of five athletes selected in each class, for a total team of 20.

If there are fewer than five nominees of a suitable standard in one or more of the classes, then further additional athletes may be selected in the other classes, up to a total of six athletes in any class. In this case, the selection of further additional athletes will be based on selecting the remaining nominees whose performances were closest to those athletes already selected in each class.

## Minimum Standard

Only athletes of a suitable minimum standard will be selected.

The minimum standard is that nominees must demonstrate that they are capable of completing courses of the applicable length and difficulty for their ASOC class, in relevant championship level terrain.

Junior Girls/Boys must be able to complete courses of moderate technical difficulty of the relevant length for their age class (long distance winning time of 35-40 minutes).

Senior Girls/Boys must be able to complete courses of hard technical difficulty of the relevant length for their age class (long distance winning time of 45-50 minutes).

All nominees are expected to obey the rules of orienteering, uphold the values of fair play, and show respect to competitors, event organisers, team coaches and managers throughout the selection process.

## Eligibility

Athletes wishing to be considered for selection must:

1. Attend school in the ACT or, if they attend school in NSW, be a member of an ACT orienteering club. Athletes must be at least 12 years of age at 31 December 2023.
2. Be fully-paid current members of Orienteering ACT.
3. Nominate for selection by emailing the team coach (Paul de Jongh, paul@dejongh.com.au) by Thursday 25 May 2023. Late nominations may still be accepted after this date.

Nominations must include the nominee's name, parent/guardian name and contacts, including email and phone, age (and date of birth), and expected competition class.

## Selection Race Contact

The ASOC team coach, Paul de Jongh, will be organising the selection races.

email: paul@dejongh.com.au

## Selection Trials

Performances in the selection races are the primary criteria for team selection. Nominees are expected to compete in **all** selection races.

Performances at other recent and upcoming state or national level events may be considered as secondary criteria, if required.

- Selection Trial 1: ACT Metro Series: Junior League #5, West Stromlo South, Saturday 27 May
- Selection Trial 2: ACT Classic Series: Jim Sawkins Memorial Handicap, ACT League #2, Glendale, Sunday 4 June
- Selection Trial 3: ACT Sprint Distance Championships: ACT League #3, Canberra Girls Grammar School, Sunday 25 June
- Selection Trial 4: ACT Classic Series: ACT League #4, Ballinafad Creek, Sunday 16 July
- Selection Trial 5: ACT Metro Series: Junior League #10, West Stromlo North, Saturday 22 July

All selection trial venues are embargoed, nominees must not train or reconnoitre at any of the venues until after the applicable selection trial.

Nominees will be advised of which course/class to enter prior to each selection race event. Nominees are must compete in the assigned course/class; performances in a different course/class at the same event may be disregarded by the selectors, even when that course/class is longer or more challenging than that assigned for the selection trial. Nominees seeking to compete in a different course/class to that assigned should discuss their course selection with Paul de Jongh prior to the entry deadline of the selection trial event, special dispensation to compete in a different course/class may be granted on an individual basis.

Nominees will be randomly allocated and advised of fixed start times for some of the selection trials.

Most of the selection trials are pre-entry events. It is the nominating athlete's responsibility to ensure that they enter each event on time and in the correct course/class. N.B.:Nominees must enter each of the selection trial events separately in addition to nominating for selection in the team.

Course maps may be on display prior to the start for the general public at the selection race events. Athletes must not look at the course maps prior to their start.

Athletes who are unable to compete in one or more of the selection trials for any reason must advise the Paul de Jongh via email, and nominate a result from a suitable substitute event for consideration.

Suitable substitute events include recent and upcoming National and State League events, such as:

- The 2023 Oceania Championships
- The 2023 Australian 3 Days
- Other 2023 ACT League and NSW State League events

## Special Consideration

Special consideration may be given to any competitor who is unable to compete, or whose performance is adversely affected, in one or more selection trials due to injury, illness, or other circumstances. Notification to Paul de Jongh should be made in writing, including listing alternative events to be taken into consideration.

## Team Announcement

All nominees will be advised of the outcome of the trials in the week following the final selection race.

## Independent Students at Australian Schools Championships

Students who are not selected in the ACT team may still compete in the ASOC. These students are referred to as 'Independent students'. Independent students must be endorsed by their State/Territory Association as having demonstrated the competencies necessary to compete in their ASOC class.

Students seeking endorsement as independent students must meet the same minimum standard as ASOC team nominees and are expected to demonstrate this through their participation in the selection trials.

Independent students compete in the same competition classes and must meet the same eligibility criteria as schools team members.