

Focus on Girls – is BACK

Orienteering Training Sessions

Four weeks of orienteering instruction will take place in the final weeks of Term 2. All activities will be developed and conducted to comply with mandatory COVID-19 social distancing measures.

This instruction will prepare girls (target age 9-15 years) - for bush orienteering.

We will be ready to run wild when COVID 19 restrictions pass and Orienteering recommences in full.

| | | |
|---|--|---|
| 1 | Thursday 4 June | Campbell Parklands Chauvel Crescent, Campbell, 100m SE of intersection with Vasey Cres |
| 2 | Thursday 11 June | Mt Ainslie Meet Mt Ainslie Drive at base of Mt Ainslie |
| 3 | Thursday 18 June | Mt Ainslie Meet Mt Ainslie Drive at base of Mt Ainslie |
| 4 | Thursday 25 June Review/Wrap-up session | Campbell Parklands Chauvel Crescent, Campbell, 100m SE of intersection with Vasey Cres |

Sessions will be modified to meet the different needs and skill levels.

HERE'S HOW IT WILL WORK:

1. Pick preferred time on each of the Thursdays listed. Options – 3.30pm or 4pm
2. Email totoni@iinet.net.au to book your preferred time. (You can book one, or more weeks at a time) You will get a confirmation email.
3. Arrive at the specified location at the time agreed time.
4. The activities and instructions will be there waiting for you! A coach will be nearby and available for further clarification. Social distancing will apply. There will be no sharing of materials. All activities will be based on single use or non-touch.



WHAT TO BRING:

- ▲ A household member (responsible adult, who is willing to share the fun) and a drink bottle. Activity can be done with household members or one friend but keeping your distance). Responsible adult must stay.
- ▲ A smile, to share from a distance!

We will provide hand sanitiser, individual maps and map madness that can be instructed 1 on 1 from a distance.

NOTE: Arrangements may be altered in line with mandatory COVID requirements.

**For more information call 0411 968 001
RSVP by emailing totoni@iinet.net.au**