

Name: **Oliver "Olle" Poland**



Mandurah Marina WA 2011

At

Age: 18      Years Orienteering: 13      Australian Club: Bushflyers (ACT)      Overseas Club: OK Nolaskogsarna (Sweden)

First Orienteering Memory: Saturday morning event at Mr Rodgers. I got so completely lost on a Blue course. I didn't even know what the black dashed lines were on the map (the tracks).



Running for Canberra Cockatoos Easter 2013 and at Glendale 2010

Best Orienteering Memory: Running through the spectator control at JWOC 2012 in 6th place. The crowd was so loud that it was impossible not to soak up the atmosphere. Also finishing that race to put the Australian team into 10th place was such a great feeling.

Worst Mistake: 15 minutes on a 100m leg at JWOC 2012 long distance. I still cannot figure

Finishing that race to put the Australian team into 10th place was such a great feeling.

Worst Mistake: 15 minutes on a 100m leg at JWOC 2012 long distance. I still cannot figure out where I went during those 15 minutes of running around. Mind was completely blank. The winning time on that leg was 2 Minutes.



With fellow bushflyers Paul DeJongh , Parawanganian Richard Hyslop, & Patrick Miller

Favourite Orienteering Map: The Australian War Memorial (training map)

Orienteering Career History: ACT Schools team 2006-12, JWOC team 2010 -13 plus Oceania Team



When JWOC came to Dubbo in 2007 it was an inspiration for the boy helping on the stadium as well as his brother Luke and fellow bushflyers Lachlan Dow, Georgia Parsons, and Snowy Haiblan.

Family Orienteering story: David Poland (dad) has always been very involved in bushwalking but it was mum (Toni Brown) who first took me and my older brother Luke orienteering. Luke went on to place his team 5th in the relay at JWOCMTBO in Portugal whilst my little brother Noah is on his way to challenge my two consecutive NOL titles when he is old enough. Mum and Dad are both pretty competitive in their age groups and showed great form in NZ at Oceania and Sprint The Bay this year.

Orienteering Plans for 2013: Training and racing in Sweden, Racing in events such as TioMila and Jukola (both massive night relays in Scandi) as well as racing at JWOC in Czech Republic in July.

Life outside Orienteering: Huge love for music and mixing music. Planning on Moving to Melbourne for bachelor of Environments at Melbourne Uni next year

Orienteering Legend: Grant Bluett has been in my mind the best orienteer in Australia. Its

Melbourne for bachelor of Environments at Melbourne Uni next year

Orienteering Legend: Grant Bluett has been in my mind the best orienteer in Australia. Its been a huge honour to have had him help and guide me in my progression to elite orienteering. ( photos thanks to John Harding and others)

- [Toni Brown](#)

### **ACT Champs results for Bushflyers**

Tuesday, 7 May 2013

WELL DONE BUSHFLYERS! - see Results page



Bushies performance in the ACT Championships again shows why Bushflyers are renowned!



First places from the youngest to almost oldest age categories - Natalie Miller (above right) successfully completed W10 independently, while Kevin Paine (above centre)M 80 cleaned up in one of the veteran age categories.

Pictured here is Natalie Young (above left) - in her second year of orienteering,

And didn't the new outfits take the field by storm - very fast out in the forest - fantastic!

Patrick Miller (right) - big things ahead for this mitey mountain monster!

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David Jenkins (below right) our trusty Bushies Bugler, Valerie Barker (below left) (when will she start looking her age?) and Andrew Barnett (below centre) - Bushies latest achiever - off to Czech republic for JWOC in July.



- [Toni Brown](#)

## **Profiling Ross Stewart**

Tuesday, 30 April 2013



It looks like he is running in volleys !

**Name:** Ross Stewart

**Birth Place:** Hobart, Tasmania

**Name:** Ross Stewart

**Birth Place:** Hobart, Tasmania

**Occupation:** Records and Information Manager

**Time in ACT:** Since 1984

**First Orienteering Event:** At Duval High School in Armidale using a copied B&W 1:25000 map. Course was about 6km in farmland and around streets. I won!

**Most Recent Event:** Crusoe at the Easter 3 days. I turned the map over and jumped for joy seeing how little detail there was and was promptly lured into a thinking error on the third leg! This is why I love the sport.

**Most Memorable Event:** An A league event at Fallen Timbers in August 2004 (I think). I arrived late just as a monster storm arrived. I was the last person out. Howling wind, driving rain and hail and no-one else in sight. Cool!



Ross Stewart near the finish.

**Worst Mistake:** A 90 minute error at Badja. At the last minute I changed my approach into a control and forgot which gully I was in. Classic parallel error! And this was the first leg! I completed the course in 180 minutes.

**Best Orienteering Tip:** Don't change your plans halfway!

**Favourite ACT Map:** Foxlow Flats. Just love that spur/gully!

**Favourite Non-ACT Map:** Banalasta near Armidale. It is my home orienteering country and I have unfinished business with one particular hill there!

**Furthest Travelled to an Event:** Stanthorpe for Easter last year.

**Other Sports and Interests:** Cycling, camping, folk music

**Bushflyers new O Suits**

Friday, 19 April 2013

NEW BUSHIES O SUITS ARRIVE





Toby Lang (above) sporting new outfit at Stromlo West on Sunday 14 April

Eino, Pauli, Jesse and Christian (below) - the Bushflyers aka Finnflyers



And when Bushflers aren't orienteering they are flying through the Bush - Natalie Miller canyoning in Blue Mtns

- [Toni Brown](#)

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# Merit Badges for 2012

A positive recognition of members' achievements level based on Badge events held over 2012.

• Gold	• Silver
Valerie Barker W60	Celine Anderson W18
Ewan Barnett M14	Michael D'Ascenzo M55
Andrew Blakers M55	Ian de Jongh M16
Toni Brown W50	Tom de Jongh M50
Paul de Jongh M20	David Poland M50
Lachlan Dow M21	Dennis Trewin M65
Shea-Cara Hammond W20	David Jenkins M55
Carol Harding W50	• Bronze
Eino Meuronen M75	Robyn D'Ascenzo W55
Patrick Miller M12	Peter Antcliff M45
Kevin Paine M80	Nanette Bragg W21
Pauli Piironen M75	John Harding M55
Noah Poland M12	Ross Stewart M50
Oliver Poland M17	Rebecca Powell W21
	Coral Dow W55

• [Toni Brown](#)

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## Bronze, Silver, Gold'n Ponds – Easter 2013

Wednesday, 3 April 2013



### Bronze, Silver, Gold'n Ponds – Easter 2013

Great news for Bushflyers, who came equal second in the interclub challenge at the Easter weekend competition at Bendigo. The large contingent made up of long standing Bushflyers, coupled with families (left) attending their first Easter competition (Barnett and Miller families), meant that Bushflyers were able to put in an outstanding effort.





Standout performances were at both ends of the age spectrum with Tristan Miller and Noah Poland (right) taking first and third respectively while Jenny Hawkins took first in the Women 65 years, Pauli Piironen (below left) first in Men 75 years and Alan Sargaent second in men 55 years AS. Patrick Miller took second place in Men 14 years, Ewan Barnett first on the sprint day but the technical terrain got the better of him over the later days. Bushflyers Australian representative runners Oliver Poland and Lachlan Dow continued to stand proud for the club with Olle taking first in Men 17-20 Elite on 3 of the 4 days and taking out first place overall, while Lachlan Dow took third overall in Men 20E and first place in the Australian University championships.



A standout performance was made by Andrew Barnett who showed consistent form across all events and took out fourth place overall in the Men's 17-20 E class.



Bushflyers will again form a substantial part of the JWOC team with both Oliver Poland (right) and Andrew Barnett having been selected to represent Australia in Czech Republic in July this year. Well Done. Overall it was a fabulous carnival, well run and with lots varied technical terrain. Other Bushies who made the trip were Ross S, Alan S, Valerie B, Dennis and Annette T, Harding family, Ari and Jesse P, Coral D. Points of interest: Flag launched at its first interstate event, Valerie took a chunk out of her knee, an ant took a chunk out of Dennis's foot, Toni took a face plant, Natalie Miller and Carol Harding turned up with matching boots, Alison Miller did an amazing job pushing a pram around gold mining terrain and not content with gold, silver and bronze in the events many ventured deep into the underground mines in search of more gold.

## **Robyn D'Ascenzo wins the 2012 Ian Booth Memorial Award**

Sunday, 24 March 2013

### **Robyn D'Ascenzo - winner 2012 Ian Booth Memorial Award**

The Ian Booth Award is presented annually to the most improved Bushflyer at the Masters level. Today Robyn D'Ascenzo was presented with Bushflyers Ian Booth Memorial Award at the Tharwa Tor event after showing a 19% improvement over the 2011 year.

Robyn's achievements have also been recognised in the awarding of the Orienteering Australia's Bronze Merit Badge in the W55 category. Well done Robyn!

Robyn is the driving force behind any of the D'Ascenzo's attending an orienteering event.

She keeps tabs on events, puts entries in where required, calculates travel time, organises clothing, organises travel and accommodation where required, and usually rouses Michael and Robert out of bed to attend events.





Orienteering for Robyn all started with Robert taking on orienteering as a school sport back in 2002. Begrudgingly Robyn agreed to husband Michael's suggestion that they join in while waiting for Robert to complete his course. Robyn said OK but only on the condition that they walked the course!

So in 2003 Robyn, Michael and Robert could be seen at Saturday orienteering events around Canberra. First, Robyn and Michael together, but very soon afterwards, after it became clear that competing together was likely to lead to divorce, separately.

When Robert was interested in attending the Australian Championships in Parkes in 2004, Robyn organised the trip and off we went. It was the first Red Course that any of us had attempted. Robyn and Robert did reasonably well in not coming last but Michael took 2 hours and 47 minutes to complete his 3.7km course! "Oh dear," was Robyn's thoughts when she first saw the course and the granite outcrops, "What have I got Michael into."

Robyn maintained the family's interest in orienteering and from 2005 to 2007 there were few if any Saturday events that the trio did not attend, rain, hail or shine (and on the odd occasion snow). Given excellent attendance, Robert was 2nd in 2005 and 1st in 2006 in the M16 Saturday competition and 1st in the M18 competition. Robyn too did well at the Saturday events.

Since 2004 Robyn has ensured that she and Michael have not missed an Australian Championship. She has also ensured regular attendance in Canberra events as well as participation at many events outside the ACT, particularly in NSW and Victoria. In fact it was at Tumberumba in October 2010 when Robert badly injured his ankle. As Robert hobbled in, Robyn cheered him to try harder. Robyn still encourages him to return to the fold.

Even when Robyn gets lost orienteering, she keeps trying to finish the course.

Robyn always gives her best at orienteering, even last year when she participated in competitions while her knee was giving her significant bother. While her knee is still not 100%, notwithstanding the surgeon's scalpel, she is determined to do her best this year.

Robyn shows commitment to the sport and a determination to do her best. In many ways orienteering is about doing your best. Robyn exemplifies that spirit. Congratulations Robyn.





**Name:** Dennis Trewin

**Birthplace:** Melbourne, Australia

**Occupation:** Statistician

**How long have you lived in the ACT:** Since 1968 but with spells in UK, New Zealand and USA

**Your first orienteering event:** A Score Event at Narrabundah Hill which was the pine forest to the west of Duffy before the 2013 bushfires. It was 1980 and I did as a pair with my son who was then 9. He was hooked immediately.

**Your most recent orienteering event:** A night time Street event in Oslo in the middle of their winter. It was below zero. I did not wear shorts.

**Most memorable orienteering event and why it is memorable:** My first international competition at the Swedish 5 Day in 1989. A good run and an early start meant I was on the results board (top 20) long enough to take a photo. Winning the New Zealand North Island Championships against a strong field in 1995 was also a highlight.

**Worst orienteering mistake:** There have been many to choose from but possibly the most frustrating was on Day 1 of the Finnish 5 day taking the wrong map, spiking the first (very difficult) control but not corresponding with the clue sheet I was given separately. It took 20 minutes to discover the mistake. Those Finnish orienteers are good enough without giving them a 20 minute start. I had entered the AS course (which have a different title in Finland) but took the A course map by error.

separately it took 20 minutes to discover the mistake. Those Finnish orienteers are good enough without giving them a 20 minute start. I had entered the AS course (which have a different title in Finland) but took the A course map by error.

**Best orienteering tip received:** Never leave a control without a plan for getting to the next one especially looking for a dominant feature close to your next control.

**Favourite orienteering area in the ACT:** I would choose the Sandhills (which has had a few different names over the years). It has a mixture of terrain – granite, spur/gully (some slow, some very fast), pine forest (in the past) and complex sand diggings. It makes for really challenging courses.

**Favourite orienteering area outside the ACT:** Pittwater Dunes near Hobart. I love the complexity of the dunes and the greater emphasis on navigation, when I get it right, compensates for my lack of fitness. The Scottish 6 day is also great and provides a great variety of maps in a single carnival.

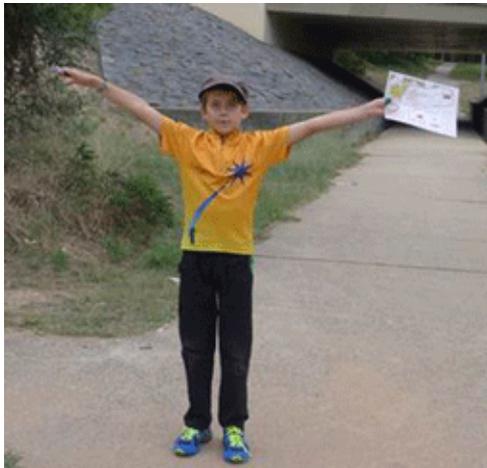
**Furthest you have travelled for an orienteering event:** In Australia, it is Darwin for the always interesting NT Australian Championships and a break from the Canberra winter. I have competed a lot internationally because my daughter lives in Norway. Most international events I have attended have been secondary to the main purpose of the visit. The Swedish 5 day in Osterand in 1989 is probably the furthest from Australia that I have attended.

**Other sports or interests:** Golf, theatre, travel to different places especially remote Australia.

- [Toni Brown](#)

## Profiling Toby Lang

Monday, 11 March 2013



**Name:** Toby Lang and I am 9 and in grade 4. My favourite sport is orienteering.

**First ever orienteering event:** I first started orienteering in 2010. I remember my first event, it was at Yarralumla, Weston Park and Mum and I rode on our bikes to get there.

**Your first orienteering experiences:** When I started I did it with my "brakes" (my mum), because she kept on slowing me down when I knew the correct way she wanted to have a close look at the map every few metres. But she is good because she takes me there each week.

**The best part of orienteering and why it is memorable:** My favourite feeling is when I start because I feel ready to go and un-tired. And I also like the feeling when I am pushing the dibber in to the finish because of

the great feeling I have completed the course. When I am doing the course the good thing is when I pass an interesting place and then I realise I am stopping there because a control is there and I get a good look at it. Today, when I passed a playground that looked really cool, I looked at my map and then I figured out the control was at the playground. But I wasn't tempted to stay there because I knew I had to get back onto the course to get my course time record. And I did it.

**Worst part of orienteering:** My least favourite part is when I am leaving because that means I will have to wait another week for another orienteering course.

**Best orienteering tip received:** The best tip I have been given is to fold up the map.

## Bushflers Sprint the Bay in NZ

Sunday, 10 March 2013

### Bushflyers Sprint the Bay 2013 in NZ

This January members from three Bushflyer families, the Brown/Poland's, Barnett's and the Harding's stayed on in New Zealand following the Oceania Orienteering Carnival to compete in the Dirty D Sprint the Bay competition. Sprint the Bay format was six separate stages held over three days, around the Hawke's Bay area on the north island of New Zealand.





We competed on a mix of urban and non-urban maps, with a brief description as follows.

**Stage 1 Woodford.** Technical building, school and farm terrain. This event was Sprint the Bays first world ranking event, with many European competitors staying on after the Oceania carnival to compete.

**Stage 2 Splash Planet.** This was a map of New Zealand's biggest water park. Competitors raced through a map with intricate park detail, building areas and an expectation to get wet, with a control placed in a shallow wading pool.

**Stage 3 Kaiwaka.** Dry stone riverbed, bush terrain with unusual contour and vegetation detail.

**Stage 4 Central Napier.** This urban map covered a vast majority of the Art Deco capital of the world, Napier city.

**Stage 5 The Slip.** Strange intricate fast open farmland with rocks and other point features. This was a mass start race within age groups, but with loops designed to split competitors.

**Stage 6 The Village.** Urban, industrial, school and park terrain, finishing in the outside area of The Tav, the local pub. To add interest to each day's competition, each age group had a green singlet and a polka dot singlet winner. The green singlet was awarded to the competitor who had the fastest time on a pre determined sprint leg, the polka dot singlet awarded to the fastest on a hill climb leg.

Toni Brown finished 2<sup>nd</sup> overall in the green singlet competition in W50, but had many of the fastest times for each days sprint leg.

Carol Harding finished 1<sup>st</sup> in the hill climb polka dot singlet competition in W50, with Toni 2<sup>nd</sup>.

Overall Bushflyers results are:

Oliver Poland 12<sup>th</sup> men's elite

Andrew Barnett 42<sup>nd</sup> men's elite (and took out the polka dot singlet on one day)

Noah Poland had a miss punch one day so no overall placing in JB but had many good runs on the other days.

David Poland 5<sup>th</sup> M50

John Harding 12<sup>th</sup> M50

Toni Brown 2<sup>nd</sup> W50

Carol Harding 4<sup>th</sup> W50.

Overall it was a very enjoyable competition with spectacular scenery, interesting maps with a mix of terrain types and great friends with whom to compare route choices after competing.

Thanks to the Morrison family of Hawke's Bay, New Zealand for organising a great carnival.

- [Toni Brown](#)

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**Favourite orienteering in the ACT:** My favourite course so far was the one at Black Mountain in Winter because I went really far up the mountain and the feeling of running down the mountain was really good. My favourite orienteering season is winter because I do not get so hot. The orienteering camp was fun because too not just cos of the activities but you also got to do whatever and go swimming in the waterhole.

**Furtherst you have travelled for an orienteering event:** Not very far yet. BUT... One day I want to meet up with

is winter because I do not get so hot. The orienteering camp was fun because too not just lots of the activities but you also got to do whatever and go swimming in the waterhole.

**Furthest you have travelled for an orienteering event:** Not very far yet. BUT.....One day I want to meet up with orienteering friends and go overseas to do courses. I would like to go to Europe and Canada..

- [Toni Brown](#)

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### **Bushflyers now has a News Page**

Saturday, 9 March 2013

Bushies now have a new news and new events information page. It'll be populated with real stuff real soon!!

- [Bill Jones](#)

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