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## Editorial

**Remember – this position remains vacant. Please contact the Secretary or one of the OACT Board members to discuss your new role.**

*This month's story comes from the recent ACT Long Distance championships held at that rock wonderland known as "The Gib" on 24<sup>th</sup> August.*

*A very experienced non-junior arrived at the event with a northern hemisphere compass. Fearing the scorn, or uncertain of the possible sabotage they would wreak on his ambitions, he decided not to ask his competitors if anyone had a spare (southern) hemisphere compass that he could borrow. He puzzled what to do. Already having a supply of compasses (at home) he decided not to buy a new one from the Orienteering shop present, especially since the proprietor was one of his competitors. What should he do?*

*Answer – tackle the course without a compass.*

*Our story had a happy ending, as did last issue's key story, with our hero finishing the course successfully (on the podium) but in a slightly slower time than he might have hoped for.*

*So the moral of the story is – even though the compass is useful, it is possible to complete a difficult course in technical terrain like 'The Gib' without it. So you don't always have to rely on your compass, but do remember that most ACT events are in the southern hemisphere!*

Good luck to all those competing in major events over the coming months.

John Scown

Interim OACT Newsletter Editor

### **SEASON PASS - TWILIGHT PROGRAM**

## StopPress – Twilight Season pass – save 40%

A season pass will soon be available for the Twilight series. At a saving of 40% this presents excellent value. Conditions of use include:

- 16 events for the price of 10
- Available for members only
- You must use the same E-stick number all season
- You are expected to volunteer to assist in at least one event per season
- You must show the pass at registration each week or normal entry fee applies
- There is no refund if an event is cancelled.

If you need to purchase an E-stick ( SI stick), these are available for \$50 from David Poland. Email [todayd@webone.com.au](mailto:todayd@webone.com.au) to reserve yours and to receive the online link. Compasses and Control Description Holders are also for sale.

### **THE SECRETARY SPEAKS**

Remember –the membership information in Eventor is yours. It is being increasingly used for contacting members such as the weekly e-bulletin, posting the Australian Orienteer magazine etc please keep it current.

### **FROM THE TREASURY – AN EXPLANATION OF CLUB TITHES**

Club Tithes are paid into OACT “club” Trust Accounts in December each year.

The payment of Club Tithes came into effect from the first event of the 1991-92 summer series.

Club Trust accounts are detailed as Liabilities in the Balance Sheet provided to both the Board and Council at meetings throughout the year.

Details of accounts are also available from the Treasurer on request at other times.

Tithes are calculated as 10% of the event entry fees (less GST) collected.

Tithes are allocated for all Summer, Saturday and Sunday enter on the day events.

The Council meeting on 26 November 2011, voted that no tithes would be paid for Badge or Championship events (ie Sprint, Middle and Long Distance). This also includes other pre entry events such as National Orienteering League (NOL), Australian Schools Championships (ASOC) and the Australian Easter 3-Days and any associated events.

### **ANNUAL AWARDS & DINNER**

The Annual OACT Awards Dinner is scheduled for Sun 30<sup>th</sup> Nov. Details are to be confirmed.

**Nominations are requested** for the three major annual awards listed below. Submit your nomination(s) along with a supporting statement to the OACT Office at [orienteering.act@webone.com.au](mailto:orienteering.act@webone.com.au) by cob Wed 12<sup>th</sup> Nov.

The Honour Roll of past winners can be found at <http://act.orienteeing.asn.au/about/OACTHonourRoll.pdf>

### **Mike Cassells Award – Introduction**

The Mike Cassells Award for Services to Orienteering in the ACT was introduced in 1991 in memory of Mike Cassells who died following a car accident en route home after the 1990 Australian Relay Championships.

Mike had been involved with Orienteering in the ACT since the beginning of 1974 as a competitor, fieldworker, organiser, course planner, controller and administrator. He was secretary of the A.C.T.

Orienteering Association from 1975-77, won a number of Championships in various veteran age classes and represented Australia against New Zealand.

His death was a great loss to orienteering and to his family, wife Judy and sons David, Andrew and Graham, who crafted the memento that is presented annually to the recipient of the award to remind us of the significant contribution that Mike made to Orienteering, and that others have made since his untimely death. (Note that this award can only be won once.)

### **Services to Coaching Award – Introduction**

The Services to Coaching Award in the ACT was introduced in 2001 to recognise and reward orienteers who made a significant contribution to coaching others, with the emphasis on significant contribution, rather than the success of the coached athletes. The aim was to encourage more appropriately qualified orienteer to assist others to improve their orienteering and their enjoyment of the sport.

### **Jim Sawkins Award – Introduction**

The Jim Sawkins Award for Services to Event Management in the ACT was introduced in 2006 in memory of Jim Sawkins who died while orienteering on Sunday 5 June at Goorooyaroo, after being the organiser and course planner at Farrer Ridge on the previous day.

Jim had been involved with Orienteering in the ACT since around 1980 as a competitor, organiser, course planner and controller. He was noted for attention to detail and his willingness to put in the extra work essential to ensuring that any event with which he was involved was as good as it could possibly be. And he was always to take on extra tasks. Jim was the epitome of what an orienteering event official should be.

### **Weston Emus News**

Congratulations to the five club members who attained a place in the recent ACT Long distance Championships held at The Gib near Bungendore. This granite area is both technically and physically challenging.

M90A Hermann Wehner 1<sup>st</sup>

M75A Gordon Quantock 2<sup>nd</sup>

M70A John Foster 3<sup>rd</sup>

W70A Ingrid Foster 2<sup>nd</sup>

M55A Andrew Cumming Thom 3<sup>rd</sup>.

Congratulations also to Miho Yamazaki who has been selected in the ACT Junior team to compete in the Australian Championships, which are to be held in Perth during September.

A big thank you to all the club members who helped at the Teams Event on August 10<sup>th</sup>, and to the non-club members who were involved in assisting during and before the event. A special mention to Bob Mouatt, the event controller, who set up the computer and managed the results on the day.

WE have two events scheduled for 2015, the Teams event and one Saturday event. The locations for these events have not yet been finalized.

If any club member would like to be involved in either of these two events in any capacity course setting, organizing etc please let me know. At this stage there is at least one spare Saturday event so there is a chance for one of our members to volunteer to course set or organize with the assistance of another club.

John Foster

## **ABOMINABLE NEWS**

Spring is almost upon us and the northern summer has almost finished. Those of us forced to remain behind this winter have “enjoyed” so very cold and very miserable weather. Not much different to those who travelled – in some cases anyway.

As I write, Jasmine, Craig and Leo are still enjoying their European camping trip and have yet to meet the newest member of the family and also latest Abominable Member (tbc) as she might actually become a Tassie



Forrester. Congratulations to Grace and Matt on the safe arrival of Florence Josephine. She is reportedly already doing some sprint reps on the change table.

Belinda and Murray have been flying the Abominable flag in the Czech Republic at the World University Orienteering Championships. It seems that they found the going a bit tough but were generally pleased with their performance. Murray did manage to add some 6km to his long distance race by taking some less than optimal routes in an effort to avoid much of the climb.



Lizzie returned from WOC with some impressive results albeit while running for New Zealand.

On the local front, Jacqui set some great courses at Foxlow for AL#8 and it seems that most people enjoyed the day.

The ACT Long Distance Championships on August 24<sup>th</sup> produced some great results with Lizzie and John Scown taking out first places and Matt, Hamish, Mary and Ann all finishing 3<sup>rd</sup>. Thanks to Grant McDonald (event controller) for helping Red Roos stage a fantastic event.

Late breaking news from the Ultra Long weekend in Victoria revealed Lizzie winning W21E middle on Saturday with Belinda a close second. Unfortunately Lizzie was forced to retire from the Ultra Long on Sunday. Ian Lawford took out the M21E Ultra Long by over 4 minutes to Red Roo David Shepherd. Other winners on the long day were Ann, also 1<sup>st</sup> in the middle distance, and Hamish, making a return to orienteering after racing in Europe during the northern summer. Grant McDonald finished 2<sup>nd</sup> behind the evergreen Warren Key, with Belinda and John just missing out on a podium place.

Ann Scown

## **BUSHFLYERS BUGLE**

The Bushflyer's had the ACT's only two Australian World Championship team members this year although Abominable's Lizzie Ingham had an outstanding Carnival competing for New Zealand. Lachlan Dow was in the senior men's team and competed in both the Sprint and the Australian Relay Team. The Championships were held in Northern Italy. He ran an excellent 22<sup>nd</sup> in the Sprint Qualification only 1.02 minutes behind the winner. Unfortunately he narrowly missed qualification for the Final. He also helped the Australian team earn a very respectable 17<sup>th</sup> place (out of 34 countries) in the Relay.

Oliver was competing in his fifth (and last) JWOC. Oliver's best performance was in the Middle Distance final where he finished in 34<sup>th</sup> place only 9 minutes 20 seconds from the winner (Miika Kirmula of Finland). The championships were held in Bulgaria. It was a great effort by Oliver as he made a late decision to try out for the JWOC team and his preparation was more limited than in recent years.

We have had a number of first time course setters and they have done a great job. They include Paul Archer and Greg Wilson. Thanks a lot and we hope you try again. Toni's roster system is working really well. It spreads the workload and means that many of our newer orienteers get a chance to organise or plan an event.

Many of us recently experienced some very interesting and challenging ACT Long Championships courses at The Gib near Bungendore. We had many successes. Our winners included David Stocks (M12A), Tristan Miller (M14A), Ari Piironen (M50A), David Poland (M55A), Geoffrey Dabb (M75A), Kevin Paine (M85A), Valerie Barker (W60A), Robert D'Ascenzo (M21AS), David Jenkins (M45AS), Coral Dow (W55AS) and Jasper Lang (Junior B).

Some Bushflyers will be venturing west for the Australian Championships. It should be a great experience – good orienteering in different terrain, warmer weather and lots of wildflowers. Good luck to all those heading west.

The program for the summer series and next year's winter program has been decided. The Bushflyers know which events they will be responsible for and no doubt Toni will be in contact about the roster especially the summer series. If you would like to try your hand at planning or organising, please let Toni know. Don't worry if you haven't done it before. There are plenty of experienced Bushies who will only be too willing to help. One date to keep in mind is the event is the ANZAC weekend next year. The Bushies are organising the events on the Saturday and Sunday in the Buckenderra region. There will be some junior activities in the lead up and plenty of social activities on Saturday night. It is a great time to be in the Snowy Mountains but you may want to book accommodation early.

As I mentioned in the last Bugle, this year is the 25<sup>th</sup> Anniversary of the Bushflyers Club which was formed in December 1989 as a result of a merger between the Majura Macropods and Northside Navigator Clubs. We are going to celebrate with a special event on Friday 28 November gathering at the Trewin residence afterwards. (This is the same location as where the merger was agreed 25 years ago). The arrangements are being finalised but we will be repeating one of the courses used on Aranda Hill for one of the very first Bushflyer events (about 3.5km). We will have the times for the 1990 event so you can compare your times with the legends of the past. One of those legends was Herman Wehner who was a M65A then. See if you can beat Herman's very competitive time. Hermann has offered to come out and see how close he can get to his time. There will also be Orange and Blue courses for those who prefer something easier and shorter. We can then swarm over pizzas or a barbeque afterwards. Put 28 November in the diary and we will provide more details closer to the date.

Dennis Trewin

## Parawanga Paragraphs

Parawangans have been seen out in their new 'O' suits at the last 2 events at the Teams event at 'Kowen East' and at the ACT Long Champs at the 'Gib'.

Short and Long sleeve shirts and ¾ and long pants are all available for ordering through Kay so send her an email if you're interested in updating to the new suit. The material is very light which will be better for the summer events leaving our older shirts more suitable for winter. Here's Ciaran Lane modelling his new shirt.



The Teams event saw several Parawanga Teams with Tim Cox and Bryant Allen running course 3, Bruce Bowen and Liz Abbott running course 2, Tara Melhuish and Ciaran Lane running course 1. Other PO members joined with other clubs to be involved in what is always a fun event with head to head racing which we don't get in many other events throughout the year.

Rohan Hyslop has been working with the older Schools Team members encouraging them into events in ACT and in the region. Tara and Stephen Melhuish, Ciaran Lane, Mark Glanville and new member Lucy Barton have been spotted at Belanglo in the thicker bush putting in some long times but learning plenty about NSW terrain.

David Hogg has been in conversation with ACT Nature Parks who have been putting some restrictions on some of our nature park events. Problems with asbestos concerns and disturbances of kangaroos appear to be some of the issues they are concerned about.

Geoff Wood also puts in plenty of his time to help with PO events manning the computer for us most weekends and helping generally to get the results up for all our eager competitors.

Several PO members attended the OACT Planning Meeting during the month to help draft a calendar of events for 2015. There are plans to add some OWL (night) events and a night relay to the calendar as discussed at the last PO meeting. Please speak to one of the PO executive if you are keen to help or have other ideas or preferences around events for next year.

The ACT Champs last weekend saw some good PO results at a late winter event at 'The Gib' at Bungendore. The fine, sunny weather, with only a light breeze, was enjoyed by all, and the walk up to the elevated start point had lovely views back towards Lake George and the wind farms. It was a very technical granite area and with courses set by Jason McCrae and controlled by Grant McDonald there were some pretty tough decisions to make around the courses. Results included Andy Hogg 7<sup>th</sup> M21A, Stephen Melhuish 1<sup>st</sup> M20A, Tara Melhuish 1<sup>st</sup> W20A, Makhaya Talbot-Hogg 1<sup>st</sup> in M10, Andrew Kerr 2<sup>nd</sup> in M12A, Rohan 2<sup>nd</sup> and Graham Atkins 3<sup>rd</sup> in M45A, Arthur Watson 2<sup>nd</sup> in M70A, Nat Smith 1<sup>st</sup> in W21AS, Luca Talbot-Hogg 1<sup>st</sup> in W10, Riley Lane 1<sup>st</sup> in W12A, Zoe Melhuish 1<sup>st</sup> and Heather Lane 3<sup>rd</sup> in W14A, Cathy Hogg 1<sup>st</sup> in W35A, Ana Herceg 3<sup>rd</sup> in W50A, Ann Ingwersen 1<sup>st</sup> in W70A, Sandra Hogg 2<sup>nd</sup> in W55AS, Narasimha Bandi 1<sup>st</sup> in MOpen B, Lucy Barton 1<sup>st</sup> and Jodie Evans 2<sup>nd</sup> in WOpenB

Several PO members were at the NOL events at Kooyoora in Victoria near Bendigo last weekend for a 2 day event including the VIC Middle and Long Distance Champs. Some results amongst us, Liz Abbott won her



W55A, Sue Garr came second in W50A. Rohan Hyslop came 3<sup>rd</sup> in M45A, and Stephen Melhuish 5<sup>th</sup> in M17-20E. Ciaran Lane even scored a \$125 prize!

Liz Abbott



## **Red Roo Noos**

Lots of thankyou's lead this newsletter regarding the ACT Long Champs, held at The Gib on 24 August. Jason McCrae as course setter spent hours nutting out courses then hours in the field tagging and checking control sites. Bill Jones along with a band of helpers did the organising and also assisted Bob Mouatt and others in the finish tent. The starting team needs an extra thankyou as Aaron, Edwina, Eric and Terry O'Halloran had to walk the kilometre to the starting area lugging all the equipment up that hill. Terry was an old-time Red Roo member and happened to see help was needed and offered his services. Terry lives in the Bungendore area. Thank you Terry.

It was pleasing to see the initiative of the pre-juniors Abbie and Zoe arranging and organising the string course – yes, you have start them young!!

It was great to see the over 35's lads, Rob Walter and Dave Shepherd, placing 1<sup>st</sup> and 2<sup>nd</sup> in the M21 class. Oliver Mill, Stephen Goggs, Bob Allison and Eric Wainwright, Allison Jones and Anita Scherrer managed to find the right rocks to also gain placings. Oliver also did well in the just finished 2014 Junior Metro League, coming 2<sup>nd</sup> in M20. Emily Alder also did well with a 3<sup>rd</sup> in W16. Emily is a new comer to orienteering and let's hope the Alder sisters keep improving as the ACT girls orienteers need more keen seniors girls in the ranks.

Wagga Wagga Challenge Challenge – what a great name – held weekend 13/14 September 2014.

A nostalgic return to Wagga for Bill and Kerryne Jones as 30 years ago this year, the map on day 1 was at Pomingalarna, the first orienteering event the Jones family attended. Bill remembers being taken out on green/orange course and getting his head around the control descriptions terminology. Allison was 8 and Shannon 5 and we can't remember if they played in the dirt or ran around with adults. And guess what? - Bill had the best run in years taking out the M60 class!

The Connorton map on day 2 was entirely different terrain and looked to be full of black dots. Complex rocks and more rocks on steep hillsides and thickish forest and more open forest on the lower slopes. We all stood at the assembly area and admired the view. The Capital Territorians likened it to The Gib, the NS Welshmen said it looked like Sappa Bulga, and the Victorians said Kangaroo Crossing !! Many competitors had difficulty with the detailed rocky areas and times in the older classes were longish for a Middle distance event. Good to see Bob Allison 1<sup>st</sup> in M60 – Bob's great map reading in the slower terrain suited him well. Judy Allison also contoured easily through the rock and hills placing 2<sup>nd</sup> in W60. Dave Shepherd had a great run in M21A to win comfortably and appeared to have little trouble with the terrain. Well done to all.

There were numerous ACT orienteers at the Wagga event and other Red Roos competing were Hugh Moore, Eric Wainwright and Peter Hassmen. With 150 competitors and warm weather it was a relaxing and interesting weekend. For such a small club the Waggaroos club held a great two days Challenge Challenge. More Thanks: This time Aaron Kooymans needs to be thanked for all the coordinating of Red Roo events throughout the year and for getting members to attend the occasional dinner nights. Ann Sutton's sumptuous "Christmas in July" again held at the Sutton's home was well attended with wonderful food, mulled wine and great conversation. Thank you to both Ann and John for their hospitality. Next year may be a different type of mid year celebration.

Good luck to all attending the Australian carnival in Western Australia commencing on the 27<sup>th</sup> September and to the Red Roos travelling to Brazil for the World Masters in early November.

Kerryne Jones



## MTBO NEWS

With a severe lack of access to our local MTB Orienteering areas, ACT riders have been forced to go interstate to get their fix.

Having already travelled to Alice Springs for the Australian Championships, Ann and John Scown thought that a short drive to Dungog for the NSW Championships would be worthwhile.

This time they convinced Ann and Frank Ingwersen to come along to enjoy(?) the tracks and trails of somewhere different.

Although both Ann S and John achieved some success, Ann was not totally thrilled with her performance, finding the rocky single track not much to her liking and failing to really come to grips with the opportunity to "ride on open ground". Unfortunately Ann I missed a control in the Sprint Distance. Both Ann's had considerably better rides on Sunday in the Long Distance.

Frank found he really enjoyed the challenge of the Novice courses and we might even see him competing at events in the future. He also displayed some considerable talent at sausage cooking.



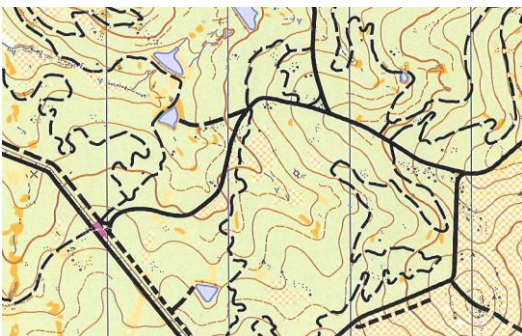
Julie Sunley has been reported competing in a recent event at Beerburrum, finishing 3<sup>rd</sup> in W50. I didn't know she was that old.

On the local front, the 2014 ACT Mountain Bike Orienteering Championships will be held in beautiful Kowen Forest, just east of Canberra. There will be courses suitable for riders of all ages and standards.

Please note that pre-entry is through Eventor. Entries open on 22 September 2014.

Saturday 18th October

Middle Distance Championships - Sparrow Hill



Sunday 19th October

Long Distance Championships - East Kowen



See Eventor for further details or contact Julie Sunley on 0433 222 644 or [juliesunley64@gmail.com](mailto:juliesunley64@gmail.com)

## **WHAT IS A FAT CONTROLLER?**

*Disclaimer: The thoughts expressed in this article are mine and do not necessarily represent a considered and agreed position within OACT/OA.*

### Three Wise Men/Women

There are three principal roles mentioned in relation to conducting orienteering events. These are the Organiser, the Course Planner and the Controller. The first two are more obvious:

- the **Organiser** is responsible (depending on the level of the event) for organising the event including such items as land manager permissions, entries, helpers, collection of equipment, computer equipment, results on the day and afterwards, return of the equipment in good order etc.
- the **Course Planner** is responsible for planning the courses, production of maps/master maps, control descriptions, putting the controls in the competition area, collecting the controls at the end of the event.

### So that leaves the Controller

Controllers, in a similar fashion to Coaches, go through an accreditation process that is managed by Orienteering Australia (OA) in conjunction with State and Territory orienteering associations. Australia has a three-tiered Controller Accreditation Scheme which is affiliated with the Australian Sports Commission's (ASC) National Officials Accreditation Scheme (NOAS). The accreditation framework is approved by the ASC. A person's accreditation is valid for 4 years and is attained after attending an appropriate course, completing the ASC online general principles course, signing a Code of Ethics and accumulating sufficient points (based on experience gained in all aspects of events). For further reading on these aspects see:

- the OA website Technical pages at <http://www.orienteering.asn.au/technical/controllers/> and
- the OA Operational Manual Foot Competition Rules at Appendix 5 of <http://www.orienteering.asn.au/wp-content/uploads/2013/10/201FootCompetitionRules310314.pdf>

### So what do they really do?

Having originally been called Course Vettors, their role has expanded. For a definition consider “The Controller is responsible for ensuring that the Organiser and Course Planner stage the event fairly and safely, in accordance with the Rules.” They act on behalf of both the competitor and State Association/OA.

### So what does that mean?

Here is a list of examples:

- Maps - check the map is at the stated scale, that the map conforms to the relevant standards, the final printed map (and courses) are clear and legible;
- Courses – correct length/difficulty to produce the expected winning time, appropriate quality, minimise the opportunities for cheating (not such a problem with electronic punching), avoid contra flow legs ie legs being run in opposite directions by courses, class allocations to courses are correct, control circles and control lines broken on the map over relevant features, interesting and appropriately challenging, avoid out of bounds or sensitive areas, start/finish areas;
- Control sites – although it might seem obvious above all they must be in the right place, fair (not hidden in vegetation, too close to other controls, control numbers are not ambiguous or similar to nearby controls), it should not be assumed that all competitors will approach controls from a particular direction, correct description, description agrees with the map;
- Organisation – land access permission has been granted, enough experienced helpers scheduled, jury panellists in place in case of complaints / protests, timekeeping, results on the day and published promptly after the event;
- Safety – motor vehicles, dangerous areas on the map, Risk Assessment and Safety plan in place.

The Controller must be there on the day.

The Controller's job is possibly the most difficult of the 3 roles in that they are really an overseer for the event and have the final say. They need to find a good balance between letting the course planner and organiser do

their jobs, but being prepared to raise concerns and if necessary insist that adjustments are made (with reasons) in order to satisfy the requirements of the event.

And remember that it doesn't matter if you are fat or skinny or have a friend named Thomas.....

John Scown

#### **Summary of Council meeting #64 held 28 Aug 2104**

Council agreed to the following at the meeting:

- To extend the previously agreed \$500 grant to each OACT member of the JWOC (Junior World Orienteering Championships) and WOC (World Orienteering Championships) teams to also include WUOC (World University Orienteering Championships) members.
- OACT funds - Treasurer to investigate account options within the Commonwealth Bank early Oct.
- Non renewal of members - OACT Office to chase up on 1<sup>st</sup> April each year, those members who have not renewed.
- Maps – the cost of mapping is allocated for a new map with 70% of the cost of the map written off against the 1<sup>st</sup> usage and 30% was allocated to map work which is depreciated. Rob Jessop and OACT Office to produce a list of the map file names (with scale & date if available) that OACT has.
- Street O - notice be placed in the e-bulletin calling for volunteers to organise Street O until Dec 2014.
- Membership fees for 2015 - \$50/\$90/\$110 for Junior/Single/Family respectively. Renewal method is the same as 2014 ie Eventor or paper forms.
- Entry fees for Twilight 2014/2015 and 2015 – no change to entry fees or Seniors Card concession.
- Season Pass – concept of season pass was agreed for the Twilight series. Conditions of the pass include:
  - expect pass holders to volunteer on the club roster for a few hours during the season
  - must have their own SI stick and this must be used each week
  - if the pass is not presented then usual entry fee applies
  - available only to OACT members
  - 16 event entries for the price of 10.
- Season Pass for Sunday Program - This item was postponed to the 27<sup>th</sup> Nov Council meeting.
- Event program - discussion on some conditions being applied for use of Canberra Nature Park locations. Program changes made. Geoff Wood to make changes and publish as a PDF on the OACT Events Page and notify ONSW of ACT League program dates.
- Paid Officer to run the Computer/results for Sun/Sat program - this item was postponed until the 27<sup>th</sup> Nov Council meeting.
- OACT Board meeting summaries - Secretary to summarise outcomes of each OACT Board meeting & distribute to members.
- Pilot for an Interschool relay competition - The plan is for 4 schools to participate over 4 weeks. It would be conducted under the auspices of OACT and a letter will be drafted for OACT President to sign. An Expression of Interest (EOI) will go out in the e-bulletin and if there are no responses then Toni Brown is prepared to organise it.
- Age Groups for Long Distance events - Grant McDonald noted he would put forward a proposal to the next Council meeting concerning reverting to 5 year age groups for Long Distance events in the OACT Guidelines.

The next Council meeting #65 is on Thu 27<sup>th</sup> Nov.

If you have any questions or require any more information, please don't hesitate to contact one of your Club's Council reps listed on the OACT website at <http://www.act.orienteering.asn.au/about/officers/> or email me at [scown@light.net.au](mailto:scown@light.net.au)

John Scown

## **Sneak Peek**

Map mates will soon have a new logo. Here is a sneak preview from David Poland



## **Update on the Family Pathways Programme**

The OACT Council approved the Family pathways approach nearly two years ago.

This is a coordinated strategy to encourage development from the beginner stage through to the moderately advanced stage.

In short, to get members from beginner stage to early red course stage.

A multi-pronged approach seems to be working best and many ACT members have volunteered to help. In fact so far about 40 members have contributed in one way or another and a very big thank you is extended to those many people.

Some highlights include:

### **Scholarship Coach –in-Residence**

Sponsoring a second Swiss Coach also called Lukas (Frei) who arrives in October. Thank you to the 10 families who have offered to billet him. He hopes to stay until June next year so we look forward to some great navigation workshops and training sessions.

### **Map Mates**

The very popular Map Mates 4 week series for kids continues - now in its 8<sup>th</sup> year. Registrations are now open. David Poland is hoping to step down from this role so we are looking for a new coordinator.

### **In School Body and Brain Workshops**

We continue to receive more requests for this than we can fill. We have five instructors but we would like more. You don't have to be an expert. We can train you and yes usually the schools are happy to pay you or you can donate the money back to OACT.

To give an idea of the extent of this programme there have been some 164 sessions delivered at 24 schools by 15 different people. This totals some 3,500 encounters and has had a turnover of about \$15,000. This has been a great publicity exercise for the sport of Orienteering. As a result nearly 20 schools have been remapped and now have up to date colour maps.

### **Blue Sparks**

The annual Camp will be held in late November using a newly created map \_ thank you Hugh Moore and the Poland family. Parents are welcome and in fact must attend. We are looking for a new coordinator. If you are interested please ask.

### **Blue Lightning**

This Squad open for all High School Students continues, ably guided by Ana and Rohan, to be a focus for high quality international coaches to impart wisdom and training to the young. Keen adults are often able, with prior agreement, to drop in and learn as well.

### **Navigation workshops**

These proved popular last year and will resume when Lukas Number Two arrives in October. It is planned that they will suit both experienced and beginners alike.



For those who like statistics here are some details. Figures are approximate only.

Participation	
Events	170
New maps	19
Updated maps	3
Participation	3,500
Schools visited	24
Scholars	2
Schools Champs entries	360
Profit made for OACT	\$2,000 approx
Volunteers	40

David Poland

### **The UNCLASSIFIEDS**

#### **ACT MTBO Championships**

The ACT MTBO championships are on 18<sup>th</sup> -19<sup>th</sup> October in the Sparrow and East Kowen areas. See Eventor at <http://eventor.orienteering.asn.au/Events> when entries open 22 Sep.

#### **Events between Christmas & New Year and in January in Tasmania**

With the Oceania Championships and World Cup races in Tasmania in January 2015, here are some of the events available.

##### In Sydney

From 27-31 Dec 2014 see <http://www.onsw.asn.au/xmas-5-days-2014>. Entries close 14th Dec.

##### Around Castlemaine, Victoria

From 26-28 Dec 2014 see <http://www.vicorienteering.asn.au/events/bush/WUFT/> Entries close 15 Dec.

##### Then the big one in Tassie

From 2-16 January 2015 see <http://oceania2015.com/> Entries close 30 Nov (?).

Invites all children of any standard to join in the fun at

## **ACT Primary Schools Orienteering Championships** **Wednesday 19 Nov 2014**

**Any child of any standard can enter**



**Entries close on Nov 5<sup>th</sup>**

Orienteering ACT invites primary schools and their students to compete in the **ACT Primary Schools Orienteering Championships**.

The event will be on Mt Ainslie North, Kellaway Street Hackett

OACT website for more details.  
<http://act.orienteering.asn.au/>.



Mark the date in your school calendar now.

To register visit <http://www.registernow.com.au/secure/register.aspx?E=10110>

Online Entries close **Wednesday 5<sup>th</sup> November**.



## Spring 2014

### Team-based kids Adventure Challenge

**Four Wednesdays 22 October until 12 November 2014**

**Any kids 13 yrs and under - teams of between 2 to 4**

Map Mates	When	Where	Start time
Event 1	Wed 22 Oct	Campbell Park	Start anytime between 5pm -6.30pm
Event 2	Wed 29 Oct	Red Hill	Start anytime between 5pm -6.30pm
Event 3	Wed 5 Nov	Coolamon Ridge	Start anytime between 5pm -6.30pm Bonus parent event with extra points for parents teams
Event 4	Wed 12 Nov	Farrer Ridge	Start anytime between 5pm -6.30pm Presentations of Prizes at time tba
	Nov to Mar	Various	Optional Twilight events continue throughout Spring/Summer- scores from Map Mates can be counted in Twilight comp. <b>Don't forget the Primary School Champs on Wed 20 Nov</b>

**Rules of Competition:** minimum of 2 and a maximum of 4 people per team.

Not all must attend every event, but at least 2 must compete together, for points to be counted. Each team needs a funky name (extra points for best name and best uniform)

**Easy or Very easy?** Teams choose to navigate Blue (very easy) or Green (easy) courses depending on their level of experience. Points taken on the best 3 of 4 events.

**Coaching is included in your entry.**

**Cost:** \$25 per competitor for series of 4 events. This will include a map per competitor and hire of an electronic Sport ID for time keeping.

**You will need:** Running shoes, hat, sun cream, water bottle. Compass is optional.

**Registrations Here** <https://www.registernow.com.au/secure/Register.aspx?E=13945>

**Register by 20th Sept for discounted rate or by Oct 16<sup>th</sup>.**

**Ph6247 8785** [www.act.orienteeing.asn.au](http://www.act.orienteeing.asn.au) [bluesparksact@gmail.com](mailto:bluesparksact@gmail.com)

\* Note that in supplying your email address you are agreeing that OACT may contact you with organizational matters to do with the Map Mates Challenge. Please indicate if you do NOT want your photo to appear on a website.