



## JUNIOR INVITATIONAL TOUR

28 SEPT - 6 OCT 2019

ALL JUNIORS AND FAMILIES ARE INVITED.

JOIN OTHERS FROM ACROSS AUSTRALIA, NZ AND BEYOND FOR SOCIAL ACTIVITIES AS WELL AS TALKS AND WORKSHOPS.

### REGISTRATIONS

1. Enter Carnival events via Eventor.
2. Register for the Junior Invitational Tour via Eventor:
  - activities only \$10pp (family max \$30)
  - activities + 3 nights Scots School boarding house accommodation \$250pp (prices inc gst)

### SOCIAL ACTIVITIES

- After a day at the Carnival relax, swim or play with other tour members.
- Optional social activities plus shared meals.

### TALKS AND WORKSHOPS

Leading coaches, athletes and professionals will help you take your orienteering to the next level:

- **Asha Steer:** Not just footie (Indigenous girls can run wild too!!)
- **Belinda Lawford:** Your coach and You - Dare to be the best.
- **Cathy Hogg:** Running technique for orienteering
- **Greg Barbour:** Navigation in Big Rock
- **Marina Ishakova:** MTBO to improve Foot O
- **Steve Craig:** Direction and structure - you do have time!

### ACCOMMODATION & TRANSPORT

All participants should make their own accommodation and transportation arrangements. No supervision is included and all juniors must be accompanied by a responsible adult.

For accommodation, we recommend:

**28 Sept – 3 Oct** (5 nights) Camp Hub Wagga Wagga Beach Caravan Park.

Self-booking accommodation, self-catering. Book directly with the caravan park.

**3 - 5 Oct** (3 nights) Camp Hub Scots School Albury. This is Boarding House accommodation, with food fully catered. Book via Eventor.

### CONTACTS

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