

## SATURDAY METRO PROGRAM

Caters for participants of all ages and capabilities.

Includes the Junior League competition.

First 5 events include MAP MATES – a fun competition & training for primary school aged children. Pre-registration essential. See website or email office for details.

Start between 10.30am and 12 noon.

**Check Website for updates**

6 May	1. Weston Park	(BS)
13 May	2. Mt Taylor	(WE)
20 May	3. Campbell Park	(BS)
27 May	4. Bruce Ridge	(PO)
3 June	5. Black Mountain	(BS)
17 June	6. Commonwealth Park	(BS)
24 June	7. Farrer Ridge	(RR)
1 July	8. Mt Ainslie North	(PO)
22 July	9. The Pinnacle	(RR)
29 July	10. Red Hill	(RR)
5 Aug	11. Remembrance Park	(BS)
12 Aug	12. Wanniasa Hills	(AO)
19 Aug	13. Stromlo West	(BL)
26 Aug	Namadgi League Event	
2 Sep	14. Aranda Bushlands	(PO)
9 Sep	15. Jerrabomberra Hill	(RR)

## ACT LEAGUE (AL) PROGRAM

Incorporates the Orienteer of the Year and the Inter-club competitions.

Events offer a range of courses to suit all levels of ability and experience.

Those events marked with an \* are pre-enter events.

Start between 10 to 12 noon.

**See Website for detailed travel instructions & updates**

Sat 25 Mar *	CGGS, Red Hill	AL1 ACT Sprint Champs and Round 2 NOL qualifier and Final (2 races). (PO)
Sun 26 Mar *	Orroral, Namadgi NP	AL2 ACT MD Champs and NOL (RR)
Sun 2 Apr	Foxlow Flats	AL3 'Murderers Shed' (BS)
Sun 21 May *	Yankee Jacks	AL4 (BS, PO) Teams event
Sun 28 May	Castle Hill	AL5 (BS)
Sun 4 June*	Ratall Creek	AL6 Jim Sawkins Memorial event (RR)
Sun 23 July	Kowen East	AL7 (PO)
Sun 6 Aug	Cooleman Ridge	AL8. Middle Distance format (RR)
Sat 26 Aug *	The Gib, near Bungendore	AL9 and NOL Ultra Long (BS) (NOL Round 5)
Sun 27 Aug *	Glenlock	AL10 Sprint NOL
Sun 17 Sep *	Orroral – Glendale area	AL11 OACT LD Champs (AO)

## Wednesday MID WEEK PROGRAM

Two moderate standard courses are usually offered, with an easy standard course during the July school holidays. School groups are welcome and should notify ahead so that an easy standard course can be provided.

Start times between 12 noon and 1pm

**Check Website for updates**

3 May	Lyneham North
10 May	Yarralumla Bays
17 May	Aranda Bushlands
24 May	Mt Ainslie North
31 May	Bluetts West
7 June	Red Hill North
14 Jun	Goorooyaroo
21 Jun	Mt Taylor
28 Jun	Stromlo West
5 July	The Pinnacle
12 July	Farrer Ridge
19 July	Mt Rogers
26 July	Campbell Parklands
2 Aug	Bruce Ridge
9 Aug	Mt Majura West
16 Aug	Mt Wanniasa
23 Aug	Remembrance Park
30 Aug	Campbell Park
6 Sep	Mulligans Flat
13 Sep	Black Mountain Nth
20 Sep	Red Hill South

## MOUNTAIN BIKE ORIENTEERING PROGRAM

MTBO differs from foot-orienteeing in that competitors must remain on mapped tracks.

A helmet is compulsory and the use of a mountain bike is strongly advised.

**The OACT MTBO Championships will be weekend of 21-22 October 2017.**

### NSW and Interstate Events

The OACT schedule has been planned to allow ACT orienteers to compete in national orienteering league (NOL) and major NSW events. These are listed below and are pre-entry events.

Event information including closing dates for entry is provided regularly in the OACT weekly e-bulletin.

11-12 Mar	NOL Round 1 MD and LD Tasmania
14-20 April	Oceania Championships and NOL Round 3 - NZ
21-30 April	World Masters Orienteering Champs. NZ
13-14 May	NSW State League MD and LD Champs
10-12 June	Australian 3-Days, NOL Round 4 and NSW State League (3 events) Wagga
15-16 July	NSW State League – Newcastle area
Sun 6 Aug	NSW ski orienteering championships Perisher tbc
19-20 Aug	NSW State League
23 Sep - 2 Oct	Australian Championships including NOL Round 6, Central West NSW

**Secondary Schools Orienteering Championships: Saturday 9 September 2017  
Mt Jerrabomberra**

**Primary Schools Orienteering Carnival:  
Wed 22 November 2017**

**On days of total fire ban, bush events may be cancelled.**

## STREET ORIENTEERING

- Street Orienteering is held on **Monday evenings** in the Canberra suburbs.
- Registration from 5.45pm
- Briefing at 6.10pm and mass start at 6.15pm.
- Bring a head torch. Controls will mostly be located at street lights.
- See the OACT website for the Street orienteering program and other details.
- Event fees for street orienteering \$5 per adult, \$2 child and \$10 per family.

### Event Fees for enter-on-the-day orienteering events

**Members:** Adults \$10, Concessions and Juniors \$7, Family: maximum \$27.

**Day-members:** Adults \$15, Concessions and Juniors \$10, Family: maximum \$40.

PLUS \$2 hire for e-stick, compass or extra maps.

Concessions are full time undergraduate students under 25 years and holders of Seniors/Concessions cards.

Groups (or teams), consisting of a number of persons participating in the one entry, pay one event fee for the group.

**Season Passes:** Will be available for the Saturday program. Approx. 15 events for the price of 10.

**Memberships** are available on an annual basis; Cost is \$90 for an individual member, \$110 for a family membership and \$50 for junior individual membership

For up to date details of events and more information about orienteering, check out our web site: [www.act.orienteering.asn.au](http://www.act.orienteering.asn.au)

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# 2017

# ACT Orienteering Programs

March-September



<http://act.orienteering.asn.au>



**Orienteering in the ACT and the Canberra Cockatoos Orienteering team are supported by the ACT Government Active Canberra**



**Runners Shop – Supporting the Summer Twilight series**

