

## SATURDAY METRO PROGRAM

Caters for participants of all ages and capabilities.

Includes the Junior League competition.

First 5 events include MAP MATES – a fun competition & training for primary school aged children. Pre-registration essential. See website or email office for details.

**Start between 10.30am and 12 noon.**

**Check Website for updates**

|         |                        |      |
|---------|------------------------|------|
| 6 May   | 1. Weston Park         | (BS) |
| 13 May  | 2. Mt Taylor           | (WE) |
| 20 May  | 3. Campbell Park       | (BS) |
| 27 May  | 4. Bruce Ridge         | (PO) |
| 3 June  | 5. Black Mountain      | (BS) |
| 17 June | 6. Commonwealth Park   | (BS) |
| 24 June | 7. Farrer Ridge        | (RR) |
| 1 July  | 8. Mt Ainslie North    | (PO) |
| 22 July | 9. The Pinnacle        | (RR) |
| 29 July | 10. Red Hill           | (RR) |
| 5 Aug   | 11. Remembrance Park   | (BS) |
| 12 Aug  | 12. Wanniasa Hills     | (AO) |
| 19 Aug  | 13. Stromlo West       | (BL) |
| 26 Aug  | ACT League Event       |      |
| 2 Sep   | 14. Aranda Bushlands   | (PO) |
| 9 Sep   | 15. Jerrabomberra Hill | (RR) |

## ACT LEAGUE (AL) PROGRAM

Incorporates the Orienteer of the Year and the Inter-club competitions.

Events offer a range of courses to suit all levels of ability and experience.

Those events marked with an \* are pre-enter events.

**Start between 10 to 12 noon.**

**See Website for detailed travel instructions & updates**

|              |                          |   |
|--------------|--------------------------|---|
| Sat 25 Mar * | CGGS, Red Hill           | AL1 ACT Sprint Champs and Round 2 NOL qualifier and Final (2 races). (PO) |
| Sun 26 Mar * | Isaacs Ridge             | AL2 ACT MD Champs and NOL (RR)  |
| Sun 2 Apr    | Foxlow Flats             | AL3 'Murderers Shed' (BS)   |
| Sun 21 May * | Yankee Jacks             | AL4 (BS, PO) Teams event  |
| Sun 28 May   | Castle Hill              | AL5 (BS)  |
| Sun 4 June*  | Ratall Creek             | AL6 Jim Sawkins Memorial event (RR)                                       |
| Sun 23 July  | Kowen East               | AL7 (PO)  |
| Sun 6 Aug    | Cooleman Ridge           | AL8. Middle Distance format (RR)  |
| Sat 26 Aug * | The Gib, near Bungendore | AL9 and NOL Ultra Long (BS) (NOL Round 5)                                 |
| Sun 27 Aug * | Glenlock                 | AL10 Sprint NOL   |
| Sun 17 Sep * | Orroral – Glendale area  | AL11 OACT LD Champs (AO)  |

## Wednesday MID WEEK PROGRAM

Two moderate standard courses are usually offered, with an easy standard course during the July school holidays. School groups are welcome and should notify ahead so that an easy standard course can be provided.

**Start time between 12 noon and 1pm**

**Check Website for updates**

|         |                    |
|---------|--------------------|
| 3 May   | Lynham North       |
| 10 May  | Yarralumla Bays    |
| 17 May  | Aranda Bushlands   |
| 24 May  | Mt Ainslie North   |
| 31 May  | Bluetts West       |
| 7 June  | Red Hill North     |
| 14 Jun  | Goorooyaroo        |
| 21 Jun  | Mt Taylor          |
| 28 Jun  | Stromlo West       |
| 5 July  | The Pinnacle       |
| 12 July | Farrer Ridge       |
| 19 July | Mt Rogers          |
| 26 July | Campbell Parklands |
| 2 Aug   | Bruce Ridge        |
| 9 Aug   | Mt Majura West     |
| 16 Aug  | Mt Wanniasa        |
| 23 Aug  | Remembrance Park   |
| 30 Aug  | Campbell Park      |
| 6 Sep   | Mulligans Flat     |
| 13 Sep  | Black Mountain Nth |
| 20 Sep  | Red Hill South     |

## MOUNTAIN BIKE ORIENTEERING PROGRAM

MTBO differs from foot-orienteeing in that competitors must remain on mapped tracks.

A helmet is compulsory and the use of a mountain bike is strongly advised.

**The OACT MTBO Championships will be weekend of 14-15 October 2017.**

### NSW and Interstate Events

The OACT schedule has been planned to allow ACT orienteers to compete in national orienteering league (NOL) and major NSW events. These are listed below and are pre-entry events.

Event information including closing dates for entry is provided regularly in the OACT weekly e-bulletin.

|                |  |
|----------------|--|
| 11-12 Mar      | NOL Round 1 MD and LD Tasmania                                       |
| 14-20 April    | Oceania Championships and NOL Round 3 - NZ                           |
| 21-30 April    | World Masters Orienteering Champs. NZ                                |
| 13-14 May      | NSW State League MD and LD Champs                                    |
| 10-12 June     | Australian 3-Days, NOL Round 4 and NSW State League (3 events) Wagga |
| 15-16 July     | NSW State League – Newcastle area                                    |
| Sun 13 Aug     | NSW / ACT ski orienteering championships Perisher                    |
| 19-20 Aug      | NSW State League   |
| 23 Sep - 2 Oct | Australian Championships including NOL Round 6, Central West NSW     |

**Secondary Schools Orienteering Championships: Saturday 9 September 2017 Mt Jerrabomberra**

**Primary Schools Orienteering Carnival: Wed 22 November 2017**

**On days of total fire ban, bush events may be cancelled.**

## STREET ORIENTEERING

- Street Orienteering is held on **Monday evenings** in the Canberra suburbs.
- Registration from 5.45pm
- Briefing at 6.10pm and mass start at 6.15pm.
- Bring a head torch. Controls will mostly be located at street lights.
- See the OACT website for the Street orienteering program and other details.
- Event fees for street orienteering \$5 per adult, \$2 child and \$10 per family.

### Event Fees for enter-on-the-day orienteering events

**Members:** Adults \$10, Concessions and Juniors \$7, Family: maximum \$27.

**Day-members:** Adults \$15, Concessions and Juniors \$10, Family: maximum \$40.

PLUS \$2 hire for e-stick, compass or extra maps.

Concessions are full time undergraduate students under 25 years and holders of Seniors/Concessions cards.

Groups (or teams), consisting of a number of persons participating in the one entry, pay one event fee for the group.

**Season Passes:** Will be available for the Saturday program. 15 events for the price of 10.

**Memberships** are available on an annual basis; Cost is \$90 for an individual member, \$110 for a family membership and \$50 for junior individual membership

For up to date details of events and more information about orienteering, check out our web site: [www.act.orienteering.asn.au](http://www.act.orienteering.asn.au)

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# 2017

# ACT Orienteering Programs

March-September



<http://act.orienteering.asn.au>



**Orienteering in the ACT and the Canberra Cockatoos Orienteering team are supported by the ACT Government Active Canberra**



